

## 幸福是：

- ❖ 感恩、珍惜萬有的存在
- ❖ 體諒、圓融一切的對立
- ❖ 廷伸關懷、同情、互助之手
- ❖ 無有疲厭地為眾生服務
- ❖ 轉煩惱成菩提
- ❖ 洞悉人生的意義、生命的價值
- ❖ 發自內心的和諧、安寧與自在
- ❖ 活出精采、活出燦爛、活出美滿
- ❖ 兌現生命的真、善、美
- ❖ 擴展自己的幸福到無邊的週遭

願有情無情皆幸福！

— 弟子果莊稽首  
多倫多華藏工程【滿天星組】

## Blessed are those who:

- ❖ treasure and appreciate everything that exists
- ❖ soothe and heal all conflicts
- ❖ extend caring, compassionate and helping hands
- ❖ tirelessly serve all sentient beings
- ❖ transform vexations into Bodhi
- ❖ comprehend the meaning of life and the value of living
- ❖ radiate peace, harmony and the heart's ease
- ❖ live splendidly, brilliantly and gracefully
- ❖ manifest the authenticity, the wholesomeness and the beauty in life
- ❖ broaden one's blessings to their eternal surroundings

May all beings be blessed!

In the Dharma  
Guo Zhuang

Toronto Hua Zang Workshop - Baby's Breath Group

